

# WEEK 4 MENU

MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 	<p><b>-Variety of Breakfast Cereals</b>  <b>-Seasonal Fruit</b>  <b>-MILK</b></p> 	<p><b>Toast/Waffles</b>  <b>-Fruit Spread</b>  <b>-Butter</b>  <b>-Cream Cheese</b>  <b>-MILK</b></p> 	<p><b>-Raisin Bran</b>  <b>-Seasonal Fruit</b>  <b>-MILK</b></p> 	<p><b>-Variety of Breakfast Cereals</b>  <b>- Seasonal Fruit</b>  <b>-MILK</b></p> 	<p><b>Homemade warm oatmeal with cinnamon &amp; brown sugar</b>  <b>-Seasonal Fruit</b>  <b>-Toasted Oats</b>  <b>-MILK</b></p> 
  <p><b>Served with MILK</b></p> <p><b>Vegetarian Lunch Option</b></p>	<p><b>Homemade Mixed Vegetable and Barley/Rice Soup</b></p>  <p>-Buttered sandwiches          -Soup Crackers          -MILK          -Unsweetened Apple Sauce/Seasonal Fruit</p> 	<p><b>-Homemade Hamburger Macaroni Casserole with creamed corn, mushrooms</b></p>  <p>-Buttered sandwiches          -Seasonal Fruit          -MILK</p>   <p><b>Homemade Macaroni Casserole with creamed corn, mushrooms</b></p>	<p><b>Spaghetti with meat balls</b></p>  <p>-Peas          -Carrots          -Buttered sandwiches          - Seasonal Fruit          -MILK</p>   <p><b>Spaghetti with Tomato Sauce And cheese</b></p>	<p><b>Tomato Soup</b></p>  <p>Served with Real Cheddar Grilled Cheese Sandwiches and soup crackers</p> <p>MILK          -Seasonal Fruit</p>  	<p><b>Fun Friday Build your Hot Dogs Chicken Weiners</b></p>  <p>Variety of toppings:          Lettuce          -Cucumber          -Tomato Sauce          -Mayonnaise          -Mustard, Relish          -Cheese          -Ice Cream &amp; Seasonal Fruit</p>  <p><b>-MILK</b>  <b>Hot Dog with veg patty</b></p>
 <p>Served with Water</p>	<p><b>Crackers with Cheese</b></p>  <p>WATER</p>	<p><b>Ginger Snaps/ Oatmeal Snaps</b></p>  <p>WATER</p>	<p><b>-GRAHAM WAFERS with Jam and Butter</b></p>  <p><b>-Milk Biscuits</b></p> <p>WATER</p>	<p>Veggie Safari With ranch Dip Or Animal /Milk Biscuits</p> 	<p><b>Variety of Fruit Cereal Bars /Granola Bars</b></p>  <p>WATER</p>